



RECITAL SURVIVAL GUIDE 101

Dance Dynamics students are very excited to show their family and friends everything they learned this year. Dance Dynamics staff is so blessed that your family has chosen our studio. We hope this packet will help you become familiar with the rehearsal and show process. If you have any questions or concerns feel free to contact our staff for help.

Rehearsals

Every dance number has an assigned time for a mandatory practice on stage at the PAC center for Tech Rehearsal. This time is essential for the dancers to become accustomed to the stage with the lighting, spacing and visual cues. See rehearsal schedule for your time(s). We know your time is valuable and we strive to stay on schedule. To help us accomplish this, we request your dancer arrive 10 minutes before their scheduled time in regular dance clothes (no costumes), proper shoes and class hair. Enter the PAC from the side door on the parking lot side.

- Parent and students please take a seat in the theatre for show announcements prior to finale practice.
- Finale' practice will begin with lineup after announcements. Please note finale practice is organized chaos and we appreciate your patience as we arrange the 250+ students that will be on stage. As in year's past, in the end it will come together and look amazing.
- Dress Rehearsal Part will be immediately following finale practice.
- Students may sit in the audience during dress rehearsal (see dress rehearsal only information below).

Dress Rehearsal runs just like the show and your dancer should be ready as if it was the recital (see notes below on recital information). Dancers should be in their first full costume, slicked back ponytail, and full make up. There will be a limited number of classrooms open for changing during dress rehearsals. If you need to change, there will be assigned areas – As a LAST RESORT there is always the bathroom in the lobby. All dancers may leave after their final piece has performed.

Dress Rehearsal Only –Due to the limited classroom space during dress rehearsal, dancers are encouraged to watch the show from the theatre seats with their parents. Dancers need to be in their designated area (classroom area) four numbers before their own so they can be escorted backstage for their performance. Wandering and hanging out in the hallways is

not permitted. A parent must accompany young children until they are to report for their escort.

During tech and dress rehearsal, NO food or drinks are permitted inside the theatre. All food and drinks must remain on the side entrance door side steps near parking lot. You are responsible for making sure the area you used is cleaned and all trash is thrown away properly. All costumes will need to be removed after each rehearsal night.

Recital

Please refer to website for dates and times of performances. Theatre seating will begin for audience approximately 15 min before curtain; a ticket will need to be presented for entry.

If your dancer is only in Act 2 we ask that you and your dancer ask staff what time you should report, unless you are watching both Acts of the show.

There will be designated rooms for your dancer on show nights. When you arrive to the PAC center, use the main entrance doors and have your dancer report to their dressing area room by using the double doors on your left next to the merchandise table. *To ensure dancers privacy NO boys/men will be permitted in the dressing area beyond the lobby double doors.* Male dancers are to report to the backstage doors in the theatre hallway to access their dressing area. Look at the classroom doors to see which room is assigned for your dancer's class. If you are assigned multiple rooms, go in the room that is your first number. In this room, dancers can change, do make-up and hair, and have dinner or a snack. (as dancers will be in costume, be mindful of the foods and drinks you provide as they may stain, we suggest water for a drink)

To ensure the costumes stay in performance condition and to keep the element of surprise, please use a robe, jacket, T-Shirt or something similar over your costume when entering the PAC and at all times when not in your dressing room.

If your dancer would like to watch the show they will need to purchase a ticket and return to their designated room four numbers prior to their number and the finale to ensure they don't miss their backstage escort. Please use the dressing area entrance only.

Four numbers prior to your dancers number, a DD staff member will come to their designated room for that dance to collect all dancers (if you are in a different room visiting friends or in the audience you will miss your number). The dancers will be escorted through the band room to get to back stage for lineup. Once their dance is over, they will

be brought back to their designated room. You can pick your dancer up at the same lobby double doors you entered to drop them off. Fathers will need to ask a staff member for help, as they are not permitted in the dressing area. Please note: only backstage staff and male dancers are permitted to use the backstage entrances in the theater.

Finale

For those dancers participating in the finale, dancers are encouraged to wear their Show Shirt. If you are unable to obtain a Show Shirt please wear a color similar to what is offered. Show shirts can be purchased at the studio and at rehearsals. Sizes are on a first come basis and there is a limited quantity.

All dancers will need to be in their designated rooms four numbers before the finale. An announcement will be made in the theater for those watching Act 2. Please enter through the lobby double doors. Each class will be escorted to the stage for the finale.

After the finale all dancers will be brought back to their rooms according to age. To ensure safety, no dancer will be permitted to leave the stage from the front; all will be escorted off from backstage to their rooms. The little ones will be the first ones back to their rooms. Please send one parent or guardian back to the room to pick up your dancer. Male dancers will be exiting from the theater backstage doors in the hallway.

Volunteers – Your help matters, Sign up today!!

We need volunteers to ensure a safe, organized and enjoyable event for dancers, parents and audience alike. We kindly ask for your help by signing up for the volunteer list. Positions include:

- **Room moms:** Adult volunteers to chaperone in the PAC rooms with the younger dancers. If you are only watching the show one night, this would be a great opportunity to volunteer your time the other night.
- **Door attendants:** Supervise doors during show to ensure authorized entry and exit.
- **Class escorts:** Accompany classes backstage for lineup throughout the show,
- **Finale helpers:** Extra hands to help, during finale, with all the classes to lineup backstage and return to their classrooms after.
- **Additional staff:** Volunteers for odds and end things during the recital.

If you are able to volunteer for anything or need additional info, please see Tammy.

Assigned Class Rooms for Recitals

To ensure the safety of our dancers, room moms are assigned to each classroom to oversee the dancers while they wait for their escort to lineup for their number. Dancers are NOT

permitted to leave the room without a parent or guardian. This means no wandering backstage, playing in hallways, entering the lobby or theater.

Every room needs be put back the way it was found. Out of respect for the school, we kindly ask you to refrain from utilizing any school property. Example do not write on chalkboards, stay out of desks, don't play the instruments, etc. If you rearrange any furniture or supplies please put it back the way you found it.

Many dancers bring a blanket and activities (ie: books, crayons, board games, etc) the night of the shows so they can keep occupied while waiting for their turn to dance.

Basic food and drink are permitted. Due to the length of the show, if your dancer intends to stay please ensure they have snacks and drinks. Pretzels and water will be available for purchase through out the show and intermission. ***You are responsible for cleaning up after yourself this includes food, drinks, bobby pins, makeup, tissues, trash, etc.***

PAC Theatre Rules

Do not open theatre doors while a dance is performing. Only open the doors in between dances. It is a distraction for the dancers and for the audience.

Due to fire regulations do not stand in the doorways to watch performances. All dances must be watched from your purchased seat. Do not sit in a seat if you did not purchase it.

When exiting the theater, do not stand up in the middle of a performance. Please wait until performance is done before exiting.

No food or drinks are permitted in the theatre. Just a reminder, soft pretzels and water will be available for purchase during intermission outside the lobby.

If you do not have a purchased ticket, you will not be able to see any performances.

Balloons are not permitted in theatre. If you bring balloons they will need to be held in the PAC office.

During the shows: We kindly ask that you refrain from taking pictures and video during the performances as this is distracting to the dancers and may hinder another audience member's view. We have professionals on hand to take pictures and video so you can sit back and enjoy the show. You may take pictures and video during dress rehearsal.

For the safety of your children, you are not allowed back stage.

Uniform Hair

The uniform hair for all dancers was implemented in 2017 and was a great help. We will continue the tradition of all dancers hair will be the same (unless otherwise specified by the teacher).

It will consist of two French braids with a center part and pinned in the back. This will make it easier for the dancers and any backstage staff helping dancers change between numbers. There are three ways to accomplish this hair technique:

1. Utilize the video tutorial that is posted on Dance Dynamics Annual Show page at dancedynamicsnj.com
2. Ask a fellow dancer or mom who has mastered the technique.
3. DD staff will be available before the show to do this hairstyle on your dancer for a fee of \$10.00 (per night). If you are interested in this service, please sign up in the office or with Tammy at the tech rehearsals for a time slot so we can ensure we have the staff and time to accommodate everyone. Those who don't sign up will only be helped if time allows.

The uniform hair is not required for either dress rehearsal. A slick back ponytail for those rehearsals is acceptable.

Make-Up

As well as the hair being uniform, we would like all dancers to have the same coloring of make-up. Studio dancers can use the information below to try and match the colors. You do not have to purchase the recommended brands. These are just a guideline for you to try and match the colors that we have found work best with the lights on stage. Also, please remove all nail polish on fingers and toes.

Company members are required to wear their competition make up.

Make-up Guideline

- **Liquid and Powder Foundation:** Color: Your Skin Tone —Recommended Revlon Photo Ready or Revlon ColorStay.
- **Blush:** Color: Rose along the cheekbone - Recommended Covergirl powder blush in "Iced Plum" (510).
- **Eyebrows:** Use your discretion
- **Eye Shadow:** Color Palette: Brown and white - Recommended Revlon ColorStay Eye Shadow Palette "Moonlit" (555)
- **False Eyelashes:** Use your discretion (available at the studio if desired)
- **Eyeliner and Mascara:** Color: Black
- **Lipstick:** Color: Rose – Recommended Revlon Ultra HD Matte lip color "HD Love" (625)

Costumes

Each dancer will be emailed a sheet of instructions listing all items that are to be worn for each costume. If you do not have this list, please visit the office. Prior to dress rehearsal, check and make sure you have the proper shoes and tights. The studio has a limited number of tights. If we do not have your size, you can order online from Capezio.

If a hair-piece is part of your costume, please put it on the left side unless otherwise specified by teacher. All costumes are required to wear rhinestone earrings. You can use your own clear stone earrings with post (no hoops). You can also purchase them at the studio. They are available for pierced ears and clip-ons for non-pierced ears.

Lobby

Before, during, and after the recital there will be several things available in the lobby.

- Buck London Production will be taking orders for a DVD copy of the show.
- Ms. Tammy will be selling flowers, merchandise, keepsakes and treats.
- During intermission, soft pretzels and water will be for sale for \$1 each.
- Information on Summer camps.

Thank you again for your assistance and patience during show season, it is greatly appreciated!!

Show Checklist

Prior to the Show

- SIGN UP TO VOLUNTEER
- Show Lineup - Check for updates
- Rehearsal Schedule - Check for call backs
- Show Tickets - Available at studio, online & rehearsals
- Costumes & Accessory list for each class
- Tights - Capezio Available at Studio or Online
- Shoes - Capezio Available Online
- Earrings Clear Stone Studs - Available at Studio
- Finale Shirt Show Shirt (\$20 at Studio) or Light Pink
- Order DVD of Show
- Other _____

Notes:

Dress Rehearsals & Shows

- Costumes for each class
 - Accessories
 - Shoes
- Finale Shirt
- Makeup
 - Foundation
 - Blush
 - Eye Shadow
 - Eyeliner/Mascara
 - Lipstick
- Hair Style
 - Dress Rehearsal
 - Slick back ponytail
 - Show
 - French braid center part pinned back
- Essentials
 - Earrings
 - Bobby pins
 - Safety pins
 - Hairspray
 - Elastic bands
 - Extra Stockings
- Costume Coverup
- Snacks and Drinks
- Blanket